



COLOGNE
INTERNATIONAL
SCHOOL
Internationale Friedensschule Köln

PRIMARY CLUBS

COLOGNE INTERNATIONAL SCHOOL



2025/26 Semester 1

CLUB PROGRAM GUIDE – 2025/26 SEMESTER 1

This guide provides an overview of the club program, including important information, clothing requirements, behaviour expectations, and detailed club descriptions arranged alphabetically on the following pages. The timetable can be found [here](#). The club structure is designed to support student development in the following areas:

Sports

Experience how physical activity influences well-being in a positive way. Clubs currently offered in this area:

- Ninja Warrior (Monday 15:30-17:00) - max. 20 students - 120€/semester
- Outdoor Football (Tuesday 14:45-15:30) - max. 22 students - 60€/semester
- Gymnastics (Tuesday 14:45-15:30) - max. 20 students - 60€/semester
- Zumba Dance (Tuesday 15:30-17:00) - max. 20 students - 120€/semester
- Girls' Football (Tuesday 15:30-17:00) - max. 22 students - 120€/semester
- Indoor Adventure Sports (Tuesday 15:30-17:00) - max. 20 students - 120€/semester
- Football 1-3 (Wednesday 15:30-17:00) - max. 22 students - 120€/semester
- Body & Brain Training (Wednesday 15:30-17:00) - max. 20 students - 120€/semester
- Sport Xplore (Wednesday 15:30-17:00) - max. 20 students - 120€/semester
- Badminton (Thursday 15:30-17:00) - max. 20 students - 120€/semester
- Football 3-5 (Friday 14:45-16:15) - max. 22 students - 120€/semester
- Gymnastics (Friday 14:45-16:15) - max. 20 students - 120€/semester
- Inline Skating 2-5 (Friday 14:45-16:15) - max. 12 students - 120€/semester

Creativity & Performance

Let your imagination fly and develop your creative or performing skills. Clubs currently offered:

- Acting (Monday 15:30-17:00) - max. 16 students - 120€/semester
- Arts & Crafts (Monday 15:30-17:00) - max. 16 students - 120€/semester
- E-Sports (Tuesday 15:30 - 17:00) - max. 10 students - 240€/semester
- Moviemaking 3-5 (Tuesday 15:30-17:00) - max. 16 students - 120€/semester
- Sculptural Design (Tuesday 15:30-17:00) - max. 16 students - 120€/semester
- Digital Design grade 5 (Thursday 15:30-17:00) - max. 16 students - 120€/semester
- Fun & Explore (Thursday 15:30-17:00) - max. 16 students - 120€/semester
- Arts & Crafts (Friday 14:45-16:15) - max. 16 students - 120€/semester
- Design (Friday 14:45-16:15) - max. 14 students - 120€/semester
- Moviemaking 3-5 (Friday 14:45-16:15) - max. 16 students - 120€/semester

Music

Improve your instrumental and voice skills. Clubs currently offered in this area:

- Big Band via audition grade 5 (Monday 15:30-17:00) - free
- String Ensemble grade 5 (Wednesday 15:30-17:00) - free
- Musical Theater grade 5 (Thursday 15:30-17:00) - free
- Choir grades 2-5 (Friday 14:45-16:15) - free

Languages

Improve your language skills. Clubs currently offered in this area:

- Italian for native speakers (Monday 15:30-17:00) - max 10 students - 120€/semester
- EAL Grades 1-4 (Tuesday 14:45-15:30 & Monday 15:30-17:00) - **free**
- GAL Grades 1-4 (Tuesday 14:45-15:30 & Wednesday 15:30-17:00) - **free**
- French Grades 1-4 (Tuesday 14:45-15:30 & Wednesday 15:30-17:00) - **free**
- Spanish Grades 1-4 (Tuesday 14:45-15:30 & Thursday 15:30-17:00) - **free**

Supervision

Clubs offered in this area:

- Reading (Monday - Thursday 15:30-16:15 & Tuesday 14:45-15:30) - **free**
- Games (Monday - Thursday 15:30-16:15 & Tuesday 14:45-15:30) - **free**
- Games Plus (Wednesday - Thursday 16:15-17:00) - 60€/semester
- Late Supervision (Monday - Thursday 17:00-17:30) - 50€/semester

Important Information

1. Limited Spots: Clubs have limited number of participants and may fill up quickly. Once a club is full, it will be removed from the registration form. Registrations are processed on a first-come, first-served basis.
2. Language Courses: Spanish, French, EAL and GAL require mandatory participation on both days.
3. Registration: Please register your child before the deadline expires. Only registered students are allowed to participate in clubs.
4. Changes & Cancellations: Changes and cancellations are only possible during the first two weeks of the semester. After this period, no changes or cancellations will be accepted. All changes and cancellations must be submitted in writing via email to Ms. Zaric under tatjana.zaric@if-koeln.de.
5. Minimum Number of Participants: Clubs require a minimum of 6 students to take place. If this minimum is not met, the club may be canceled. In such cases, you can either select an alternative club or request a refund.

Clothing Requirements

- For indoor sports and dance clubs: Sports clothes, clean sports shoes, and a water bottle are mandatory.
- For outdoor clubs: Appropriate outdoor clothing and a water bottle.

Behavior Expectations

We remind you that the same standards of behavior expected during school lessons apply to club activities. Disruptive behavior will lead to consequences, which could result in exemption from the clubs. Club fees will not be refunded in such cases. By registering, students and parents agree to these rules to ensure a safe and enjoyable environment for everyone.

DETAILED CLUB DESCRIPTIONS IN ALPHABETICAL ORDER

Acting

Carolina Reyes

D2.207

Are you a natural performer? Do you like acting? Then join our dynamic Theater Club. Here, you will learn how to truthfully express your emotions and speak and act in front of an audience.

Arts & Crafts

Karen Siwek (Monday) & Pratibha Mantri (Friday)

F0.108

Painting, drawing and sculpting... Come and use a variety of paints, pencils and materials to create beautiful works of art!

Badminton

Bastian Palm

Sports Hall 3

In our Badminton Club, students develop agility, coordination, and focus while learning the basics of this fast-paced sport. Through fun drills and friendly matches, they practise serving, rallying, and teamwork in a supportive environment. Perfect for building skills, confidence, and a love for the game! Sports clothes and clean sports shoes are mandatory!

Big Band (grade 5 only via audition)

Robert Keane & Sebastian Oetker

F0.210

Big Band musicians study and perform a variety of repertoire from various periods of Jazz, ranging from Dixieland to Swing, Funk to Fusion. In addition to improving instrumental expertise and ensemble awareness, they will develop their improvisational skills, study the form of jazz and learn about the great jazz performers of the past and present. Private instrumental lessons are obligatory for participation. All students need to pass audition in order to participate in the club. Mr. Keane reserves the right to deny entry to any students who are not up to the level.

Body & Brain Training

Marco Hartel

Sports Hall 2

In this club, children improve their coordination skills through playful, pressure-free exercises that also stimulate different areas of the brain. By combining favorite games with special coordination and visual exercises, we help strengthen the connection between both brain hemispheres. This fun approach boosts concentration, cognitive abilities, and can even enhance school performance. Sports clothes and clean sports shoes are mandatory!

Choir (grades 2-5)

Judy Yang

F0.211

Join our school choir and have fun singing together! Only for kids (grades 2-5) who are truly interested in singing! This is not a supervision club! If your child is too tired or doesn't enjoy singing, please consider another activity for your child.

Design Club

Andrea Steffen

F0.106

Is your child creative? Does he or she like to tinker, sew, build or invent? Is he or she bubbling over with ideas? Then this is the right club for them! In the Design Club, the children will discover all things design in a playful way. They have a wide range of materials at their disposal to encourage them to be creative, try things out and experiment: fabrics and fabric scraps for first sewing attempts by hand, such as scrunchies, stuffed animals or mini-clothes for puppets and toys. Jewellery parts and beads for making necklaces, (charm) bracelets or key rings. Various handicraft, building and upcycling materials for small inventions, art objects and other creative ideas. The fun of being creative and the individual talents of your child will be encouraged by a professional designer. Their own ideas are welcome and will be taken up and developed further with the children. They practise manual skills and are part of a club where they can support each other and exchange their fun ideas. For more information click [here](#).

Digital Design (grade 5)

Tina Phenix

F0.110

Unleash your creativity in our [Digital Design Club](#)! Use Photoshop and Illustrator to make eye-catching projects, cool graphics, and fun digital creations.

EAL (English as Additional Language)

Nancy Mukherjee & Katja Lenz

D1.213 & D2.409

This language course is reserved exclusively for absolute beginners in grades 1-4.

E-Sports (grade 5)

Cedric Marschall

Design Room F0.110 - 240€/semester

Join our Tech After School Club, where the excitement of gaming and esports converges with the power of learning. Begin a journey from player to creator, delving into popular games like Minecraft and more, all while honing essential 21st-century skills. This dynamic program isn't just about playing games; it's a platform where imagination transforms into innovation. Through engaging tasks and challenges, students enhance their teamwork, problem-solving abilities, and

creativity, preparing them for the digital landscape of the future. It's not merely a gaming club; it's your gateway to mastering the skills that matter in today's and tomorrow's world. More information: [Parent Flyer](#) & [Minecraft Club Poster](#)

Football

Bastian Palm (Wednesday, grades 1-3) & Cedric Marschall (Friday, grades 3-5)

Wednesday Sports Hall 1 / Friday Sports Hall 2

Practise your ball skills with drills and team games run by our qualified football trainers. Sports clothes and clean sports shoes are mandatory!

French (grades 1-4)

Iana Prostavova

F1.107

This language course is for grades 1-4.

Fun & Explore

Stefania Tassone

F0.108

In the Fun & Explore Club, students can unleash their creativity, try a variety of crafts, and take part in music and movement games as well as creative play. Each session is inspiring, encouraging imagination, teamwork, and self-expression in a fun, relaxed environment.

GAL (German as Additional Language)

Maryam Mahdavi

D2.411

This language course is reserved exclusively for absolute beginners in grades 1-4.

Games

Stefania Tassone, Nichola Pollock, Russell Phillips

Outside / Green surface or Classroom depending on the weather conditions

The Games Club provides a supervised environment where children can engage in free recreational play. Held on the green surface of the schoolyard during good weather, children can play outdoor games. In case of bad weather, the club moves indoors to a classroom, where children can engage in board games.

Please note: This is not a sports club, and running or other sportive activities are not permitted during indoor sessions.

Important: This is not a football club. If your child wishes to play football, please register them for the Football Club instead.

Games Plus

Stefania Tassone, Nichola Pollock

Outside / Green surface or Classroom depending on the weather conditions

The Games Plus Club provides supervised free play from 16:15 to 17:00 for €60 per semester. Depending on the weather, children can enjoy outdoor games or indoor activities such as board games or drawing, all under the guidance of a supervising teacher.

Girls' Football

Marco Hartel

Sports Hall 2

Football club only for girls. Sports clothes and clean sports shoes are mandatory!

Gymnastics

Heiko Schneider (Tuesday) & Heiko Baumann (Friday)

Sports Hall 3

Bild and develop your skills using a range of gymnastic equipment, both floor and mounted, with a qualified coach. Sports clothes and clean sports shoes are mandatory!

Indoor Adventure Sports

Lea Sommer

Sports Hall 3

Experience adventure sports: parkour, ninja warriors, gymnastics, mat games and more. Sports clothes and clean sports shoes are mandatory!

Inline Skating (grades 2-5)

Lea Sommer

School Ground

Have you ever wanted to learn how to inline skate? Or would you like to improve your skating technique? Then, this is the right club for you! Our qualified coach teaches you how to skate using the correct techniques and how to fall without hurting yourself. For this club, the students will need to bring their own inline skates as well as a skater helmet and protective gear for knees, elbows and wrists. Please note that students are not allowed to take part in the club if any of the above mentioned protective gears is missing. This club is only open to students who are able to put on their own rollerblades and protective gear!

Italian for native speakers

Stefania Tassone

D2.406

Mother tongue lessons for native students: improve reading, writing and speaking skills in your mother tongue.

Late Supervision

Lea Sommer, Cedric Marschall, Leif Haupt, Bastian Palm

Auditorium

From 17:00 to 17:30, we offer late supervision for parents who need extra time to pick up their children. Please ensure children are collected promptly by 17:30, as the school closes at that time.

Moviemaking (grades 3-5)

Dr. Shipra Saksena

D1.407

In this club, the students will learn how to film, edit and create short videos using simple editing softwares. Everyone will graduate with knowledge and joy for the moviemaking!

Musical Theater (grade 5)

Judy Yang

F0.211

Musical Theater is a music and acting class. Students will practice performing in character, combining singing and acting.

Ninja Warrior

Moritz Schnippe

Sports Hall 3

In our Ninja Warrior Club, students take on exciting obstacle courses that challenge their strength, balance, speed, and coordination. Each session is packed with fun activities that build fitness, confidence, and determination—helping every child feel like a true ninja! Sports clothes and clean sports shoes are mandatory!

Outdoor Football

Marco Hartel

Football pitch outside

Practise your ball skills and team games run by our qualified football trainers.

Reading

Michaela Kienle

Library

Only for students who are truly interested in reading and enjoy reading! No games or other activities will be played in this club.

Sculptural Design: Fantastic Creatures and Jugs

Bernhard Peters

F0.015

We create fantastic animals and strange creatures. What might be there deep in the sea, in the jungle or the desert that no one has ever seen? We design with wire, cardboard and papier-

mâché and paint our fantasy creatures with watercolors. We also create a house out of a shoebox or other materials for our fantastic creatures. Where could our fictional animal live? What does his garden look like? In this club, we also design jugs and vases with fantasy creatures from old jam jars. We decorate them artistically with different material and paints.

Spanish (grades 1-4)

Susana Martinez & Carolina Reyes

D1.307 & D1.407

Spanish lessons for grades 1-4.

Sport Xplore

Leif Haupt

Sports Hall 3

In Sport Xplore, children discover the joy of movement by trying a variety of sports — from ball games and athletics to gymnastics and more. Each session builds skills, fitness, and confidence, while helping students find the sports they enjoy most. Sports clothes and clean sports shoes are mandatory!

String Ensemble (grade 5)

Julie Maas & Nure Dlovani

F0.211

The String Ensemble is open to all string players who want to play exciting repertoire in many styles: classical, folk, jazz, and film music. Students in the ensemble will focus on developing orchestral performance techniques, musicianship and ensemble skills. In addition, participants should study privately.

Zumba Dance

Pratibha Mantri

F0.210

Get moving and grooving in our Zumba Dance Club! With fun, easy-to-follow routines set to captivating music, kids will build fitness, coordination, and confidence while having a blast. No dance experience needed - just put on your clean dancing shoes, and bring your energy and smiles. Sports clothes and clean sports shoes are mandatory!